

Save Energy, Cut Costs!

Smart Tips for Families at Home

Heating & Insulation

- Turn the thermostat down by **1°C** — save up to **£90 a year**
- Close curtains at night to keep warmth in
- Seal draughts with tape or stoppers — save up to **£80 a year**

Appliances & Water

- Wash clothes at **30°C** — uses up to **38% less energy**
- Skip the tumble dryer — line-dry to save **£50–£60 a year**
- Switch off devices at the plug — save **£45 a year**

Lighting & Tech

- Use **LED bulbs** — save around **£4 per bulb each year**
- Install a **smart meter** to track energy use
- Use **timers or smart plugs** to control devices automatically

Why It Matters

Saving energy helps your wallet *and* the planet.
Small changes at home and school make a big difference.

 **Be an Energy Hero!**